

## PLANTBASED AT KULM

Dear guests

A diet free of animal products, mindfulness in dealing with nature and its creatures, as well as an increased awareness of our health are topics that are more present in our society than ever before. If we apply this awareness to our diet, a step in this direction is often associated with “doing without”.

At the Arosa Kulm Hotel & Alpin Spa, we believe that the full flavour and wholesomeness of a dish can be achieved without the use of animal products and without you feeling that something is missing!

To this end, our head chef Florian Mainzger has put together a purely plant-based menu for you that will leave you wanting for nothing.

We hope you enjoy and savour our vegan dishes!

Your Arosa Kulm Hotel & Alpin Spa Team



## SALADS AND STARTERS

### Muntanella Bowl

Gran Alpin organic barley | carrots | red cabbage  
Apple | lettuce | quince dressing  
16

### Alpine Poke Bowl

Organic lentils | Swiss shoyu dressing | avocado  
radish | cabbage turnip | sesame | coriander  
18

### Albula field bean Hummus

Garlic flatbread | Albula field beans  
Tahini | St. Gallen rapeseed oil | Chilli  
18

### Moutabel

Garlic flatbread | eggplant  
Tahini | Pomegranate  
18

## SOUPS

### Pumpkin soup

Pumpkin | Chilli | coconut milk | peanuts  
16

### Mushroom cream soup

Vegane Crème fraîche | Parsley  
16

## PASTA AND RICE

### Spaghetti or Penne from Garofalo

Arrabiata 23

Vegan Pesto 23

### Mushroom-Risotto

Vegan Parmesan | stir fried mushrooms  
24

## FOR THE BIG APPETITE

### Pea and corn Tempeh

From “das Pure” in Wetzikon | Red Thai curry sauce  
Vegetables | Coriander  
27

### Green Mountain Burger

Vegan burger patty from Beyond Meat | rocket salad  
Grilled aubergine | tomato sauce | avocado  
Pickled red onions  
29

### Spicy Tofu Bowl

Smoked Swiss tofu | rice | chilli  
Swiss shoyu dressing | sesame seeds | avocado  
23

## SWEET DELIGHTS

### Sorbet variation

3 scoops  
14

### Cup of exotic fruits

17

For other vegan options, please  
ask our staff



Gluten free



Vegan