

## KULM KIDS RULES

Dear Kulm-Kids

We are very happy that you are spending your holiday at the Arosa Kulm Hotel & Alpin Spa. Like at home, there are some small rules you have to follow. If you have any questions or wishes, please do not hesitate to contact us.

### HOTEL

Our public areas, floors and the alpinspa are not playgrounds and are reserved for our rest-searching visitors. For you to play, we reserved the Kids Club and the Galaxy.

### RESTAURANTS

Of course you can order from the kids -menu in every restaurant or you can eat directly with your friends at the kids-table each day at 06.30 pm. The reservation for the kids-table has to be done until 05.00pm at the Kids Club. Even if you already know it:” Do not play with food.”- And apples are not footballs.

### KIDS-EQUIPMENT

Sledges, mountain-buggy, air blades, backpacks, nappy bucket, changing pad, bottle warmer, swim nappies, games, DVD's etc. are available at the front desk.

**KIDS CLUB** FROM THE AGE OF 3, UNDER 3 YEARS – ONLY WITH SUPERVISION (PARENTS, NANNY, ETC.)

To play, read, craft and experience, we have our two clubs which are opened daily for you, as well as our bowling alleys. Our child-care is available daily and a babysitter can be organised if wished.

Kids Club: big ball pool, drawing, crafting, fairy tale hour, games and much more.

Teenager Club Galaxy: table tennis, table soccer, air hockey, billiard, flipper and much more.

All the information about the kids program you can find in the morning post and in the weekly program.

### ALPIN SPA

#### *Wellness & Gym*

you can use the wellness area with saunas and the gym with 14 years of age. If you are younger, for medical reasons, we do not recommend the gym.

Regarding safety reasons we cannot allow you to run on the wet floor in the whole spa area.

#### *Splash Hour*

**Children are able to enjoy from 04.00 pm until 05.00 pm our splash in the pool. To every other time, you have to respect the calmness of the spa area.**

Swim nappies for babies are imperative because of hygienic reasons. The spa team will help you with anything. We do have arm floats and diving goggles available.

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### *Solarium our recommendation:*

no artificial sun on children's skin.

### *Treatments*

We offer to our youngest guests an own spa-program. We see the wellness for children as an active contribution to find and to realise themselves: massages and young beauty treatments against first pimples.

### ILLNESS

If you don't feel very well, please relax in your room. It is not allowed to enter the Kids Club and the alpinspa with illness, to secure the well-being of our other children. Of course you can get DVD's at the front desk, so it will not be too boring in your room.

### CORONA-SPECIAL RULES THAT HOPEFULLY ARE SOON NOT VALID ANYMORE ☺

- Mums and dads have no entry to the children's club this winter (only as a supervision of kids under the age of 3).
- The distance between the carers and the adults when welcoming the children must be maintained at all times.
- We greet each other creatively with a wave and forego handshakes.
- All toys are often disinfected and freed from the nasty viruses.
- Nothing is more beautiful than the fresh air in the Arosa Mountains. That's why we play outside as much as possible and enjoy the pure mountain air.
- Before we start playing, our supervisors will show you in a playful way how we clean our hands thoroughly and regularly.
- Before you start splashing around in the ball pit, please disinfect your hands with the disinfectant in front of it.
- Children from age 12 must wear a mask.