

# Muntanella

RESTAURANT & TERRASSE

## MUNTANELLA ES(S) ALPINE FOR LUNCH



### WHY ALPIN?

Good is so close. Our head chef selected the best local products for you to put on our menu. During this time it becomes more important to respect nature and we bethink of "from here". In cooperation with our local producers and farmers from the Schanfigger Valley we want to create a movement in which we reflect on the good from here. "En Guata" and enjoy our menu.



Lactose free



Gluten free



Vegetarian

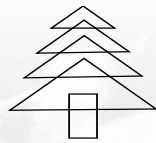


Vegan



#### Contact-Tracing

Fill out the form on the following  
Link for your own safety  
(scan the QR-Code)



### SUCH A SALAD

#### Lamb's lettuce salad

Boiled organic egg | Bacon | Croutons  
French dressing  
16

#### Sommer Salad

Endive | Rocket | Broccoli | Radishes | Fennel  
Rape oil from St. Gallen | Aceto San Gallico  
15

#### Muntanella Bowl

Gran alpin organic barley | Carrot  
Boiled organic egg | Red cabbage | Apple | Lettuce  
Quince dressing  
15

#### Kulm Caesar

Cos Lettuce | Swiss chicken breast | Garlic croutons  
Parmesan | Anchovies  
Caesar dressing  
19 | 26



### SOUPS & STARTERS

#### Barley soup from Grison

Cream | Chives  
11 | 16

#### Creamy carrot soup

Arosa honey | Mountain thyme  
9 | 14

#### Iced tomato essence

Eggplant | Roasted bread | Basil  
9 | 14

#### Swiss Beef Tatar

Umami cress | Toast | Salted butter  
21 | 28

#### Marinated salmon from Misox

Mustard dill sauce | Brioche  
24

#### Parpaner Plättli

Air-dried meat | Salsiz | Alp cheese | Pickled vegetables  
36

### PASTA FROM POSCHIAVO

Spaghetti or Rigatoni from  
Manufactur Moline e Pastifico

Bolognese 18 | 26

Pomodoro 16 | 22

Sage butter 16 | 22

Basil pesto 16 | 22



### FOR BIG APPETITES

Rösti Natur 18

Rösti | Veal Zurich style 42

Rösti | Chanterelles | Raclette Cheese from Maran 32

Wiener Schnitzel | French fries 39

Pan fried pike perch | Asparagus | Potatoes | Peas  
Garden peas 34



### RECOMMENDATION

Coarse veal sausage  
Onion sauce

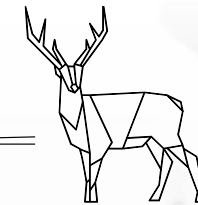
Roasted onions | Fried potatoes  
26

Green curry sausage

Swiss pork meet | Cabbage  
Potato wedges  
24

Nettle sausage

Pork sausage | aubergine  
Sweet potato fries  
24



### OUR BURGERS

#### A real Grisons burger

Beef patty 180 g | Arosa Walser cheese  
Air dried meat from Peist | Coleslaw  
32

#### Beyond burger

Beyond Burger Patty | Rocket salad  
Grilled eggplant | Tomato sauce  
28

#### Bio Gallina chicken burger

Malanser Bio chicken | Fried mushrooms  
Lettuce | Garlic mayonnaise  
29

#### Hot Dog from Peist

Hot Dog Bun  
Wienerli sausage from Peist | Mustard sauce  
Gherkins | Fried onions  
23

French fries 6

Potato wedges 6

Sweet potato fries 6

All served with Connies organic ketchup  
from swiss manufacture



### SWEET DELIGHTS

Our service team will be happy to tell you what we got  
at our cake buffet today

Scoop of ice cream  
5

Apple strudel | Vanilla ice cream  
17

All prices in CHF and including VAT