

# Muntanella

RESTAURANT & TERRASSE

## MUNTANELLA ES(S) ALPINE FOR LUNCH







### WHY ALPINE?



All goodness can be so close. Our head chef selected the best local products for you to create this menu. In cooperation with our local producers and farmers from the "Schanfigger" Valley we are trying to create a movement in which we highlight the great products, the valley itself and its farmers to show *you* what our region has to offer. "En Guata" and enjoy our menu.



### SUCH A SALAD

**Lamb's lettuce salad**   
Boiled organic egg | Bacon | Croutons  
French dressing  
18

**Raw vegetable salad**   
Endive | Rocket lettuce | Sunflower seeds | Carrots  
Fennel | St. Gallen rapeseed oil | Aceto San Gallico  
17



**Muntanella Bowl**   
Gran Alpin organic barley | Carrots  
Boiled organic egg | Red cabbage | Apple | Lettuce  
Quince dressing  
17

**Kulm Caesar**  
Lettuce | Swiss chicken breast | Croutons  
Parmesan | Anchovies  
Caesar dressing  
19 | 26



### SOUPS & STARTERS

**Barley Soup from The Grisons**  
Cream | Chives  
12 | 17

**Creamy Carrot Soup**   
Arosa honey | Mountain thyme  
10 | 15

**Field Bean Hummus**  
Beetroot and nature | Toasted bread  
Rapeseed oil from St. Gallen  
18

**Swiss Beef Tartare**  
Umami cress | Toast | Salted butter  
23 | 31



**Marinated Salmon from Misox**  
Mustard dill sauce | Brioche  
25


**Parpaner Plättli**  
Air-dried meat | Salsiz | Alp cheese  
Pickled vegetables  
36

### PASTA FROM POSCHIAVO

Spaghetti or Rigatoni from the  
"Manufactur Moline e Pastificio"

Bolognese 19 | 26 

Pomodoro 17 | 23 


Sage butter 17 | 23 

Basil pesto 17 | 23 



### FOR BIG APPETITES

**Rösti Natur**   
18

**Rösti** | Veal Zurich style   
44

**Rösti** | Bacon | Egg | Maraner Alp cheese   
31


**Wiener Schnitzel** | French fries  
42


**Fried pike perch fillet** | Mountain potatoes | Spinach  
36




### RECOMMENDATION

**Coarse veal sausage**   
Onion sauce  
Roasted onions | Fried potatoes  
26

**Cabbage and caraway sausage**   
Swiss pork meet | Cabbage | Caraway  
Potato wedges  
24

**Monthly sausage**   
Monthly sausage from Patrick Marxer  
Our service team will be happy to advise you  
24



### OUR BURGERS


**A Real Grisons burger**  
Beef patty 180 g | Arosa Walser cheese  
Air dried meat from Peist | Coleslaw  
34

**Beyond Burger**   
Beyond Burger Patty | Rocket lettuce  
Grilled eggplant | Tomato sauce  
29

**Bio Gallina Chicken Burger**  
Malanser Bio chicken | Fried mushrooms  
Lettuce | Garlic mayonnaise  
32

**Hot Dog from Peist**  
Hot Dog Bun  
Wienerli sausage from Peist | Mustard sauce  
Gherkins | Fried onions  
24

**French Fries 6** 

**Potato Wedges 6** 

**Sweet Potato Fries 6** 

All served with Connies organic ketchup  
from Swiss manufacture



### SWEET DELIGHTS

Our service team will be happy to tell you what our  
daily cake buffet has to offer

**Scoop of ice cream**  
5

**Apple strudel** | Vanilla ice cream  
18



Lactose free    Gluten free    Vegetarian    Vegan

All prices in CHF and including VAT